

Volunteer Role Description

Opportunities Project Volunteer

Role	This role aims to provide opportunities for people with mental health issues on acute psychiatric wards to get the information they need to retain or move closer to paid employment, training, volunteering or meaningful activity when they leave hospital. Volunteers will help to raise awareness of the support and help available in the community to help people with Mental Health issues to continue their recovery after they leave hospital. Within this role volunteers help to represent Restore within Oxford Health and help foster relationships and awareness of our work.
Main Duties	<ul style="list-style-type: none"> • Volunteers will meet people who are currently acute psychiatric wards patients and support them to identify their employment aspirations and plan ways to achieve them • Liaise with Occupational Therapists and other staff to promote the service to potential clients and ensure that hospital staff are aware of the services on offer. • Prepare and debrief with the Opportunities Team before and after each session • Provide clients with relevant information at drop-in sessions. • Attend a Group Supervision to debrief after the ward visits to follow up on any actions or issues resulting from the visit. • Volunteers will become familiar with relevant services in the local community. • Volunteers will gain experience working within Acute Wards and with people experiencing a variety of Mental Health Conditions.
Person Specification	<p>We are looking for volunteers that are:</p> <ul style="list-style-type: none"> • 18 or older • Friendly, with a positive attitude towards mental health, a team player, with the ability to problem solve and show initiative. • Reliable with the role. • Non-judgemental attitude, with the ability to be sensitive with vulnerable people in a challenging environment. • Excellent listening and communication skills.
Commitment	<p>We hope volunteers will be able to commit to at least 2 days a month. Volunteer shift times: 12:15 - 3:15pm on Thursdays.</p> <p>We would hope you would be able to volunteer with Restore for at least 6 months.</p>
Support & Training	<p>Volunteers will receive a great training package, which includes a training day specifically for Opportunities Project volunteers, as well as access to any other training offered to volunteers from Restore.</p> <p>Volunteers benefit from supervision sessions with their staff contact, however support is available for volunteers from any member of staff.</p> <p>All volunteers accepted onto this role will be required to complete an Enhanced Disclosure check.</p> <p>All volunteers are provided with a positive atmosphere and there will be opportunities for growth</p>
Location	Manzil Way, Warneford Hospital & Littlemore Hospital, Oxford
Reports to	Sophie Thomas & Kate Brooks