

Annual Review

Oxfordshire 'Charity of the Year' 2011

Restore wins the Charity of the Year Award at the Oxfordshire Charity and Volunteer Awards

We could not have achieved the Charity of the Year Award without the support of our members, volunteers, supporters and funders so thank you to all of you.

More than 400 people attended the awards event held by Oxfordshire Community and Voluntary Action at Oxford Town Hall. The contribution of 40 of the country's volunteers was also recognised with individual certificates being presented to each person by Penelope Glen, High Sheriff of Oxfordshire. Among those celebrated was Pat Armstrong, who has volunteered for more than 14 years

for Restore at the Elder Stubbs Festival. A retired teacher, Pat has been a wonderful ambassador for Restore and for those who experience mental health problems in Oxfordshire.

Pat says:
"I originally became involved because I have a close relative with mental health problems. Restore is like a lifeboat. It offers such tremendous hope for people who have mental health issues and encourages them to stretch their potential. It's great that Restore has been awarded Charity of the Year."

Benedict Leigh, Restore Chief Executive agrees:

"The award is a brilliant recognition of all of the hard work that all our members, volunteers and staff have put in over the last year. Restore wouldn't exist without people like Pat, so we are particularly happy to see her commitment recognised."

In further recognition of Restore's work, we were one of three organisations shortlisted for the Oxford Times Charity and Community Award at the Oxfordshire Business Awards in June 2011. A video of our work was shown to the 500 guests at the awards ceremony at the Oxford Four Pillars hotel.

"We could not have achieved the award without our members, volunteers, supporters and funders, so thank you to all of you."



Volunteer Pat Armstrong (far left) with staff from Restore, OCVA and Blake Laphorn

Working together towards recovery

We have now completed the first year of our new recovery service, which was launched in March 2011

Although change is always challenging, there were fewer teething problems than anticipated and it was a successful year. Our members (people who use the service), volunteers and staff adapted well to new ways of working.

Seven recovery groups across the county provide the opportunity for people with mental health problems to work and learn together in a supportive environment. Five groups are provided by Restore and the other two by our partners,

Root and Branch and Bridewell Organic Gardens.

Services were evenly distributed across the county for the first time this financial year. The Orchard, our North Oxfordshire Recovery Group, moved into new premises (pictured right) with more space, which allowed the group to expand in order to meet increasing demand. The group hosted a packed celebratory event in February, and the new building was officially opened by the High Sheriff of Oxfordshire, Penelope Glen.

"Although change is always challenging, we had few teething problems and our first year of the new service was successful."



Our new service model is more user-led than the previous services. Members decide and plan activities and tasks including gardening, woodwork, arts and crafts. Through these activities members are supported to develop skills and confidence and contribute to the community. We enable people to set their own goals and to achieve them. Henry, a member of the Elder Stubbs Recovery Group, explains:

"Before we were making some money

but now there's a lot more input from us – we have planning days, we dream up schemes and we have to make them work. It's so much more fun, if nothing else. You can do it, because you have to. The sense of pride in what we do here now feels like it comes from the bottom up.

"Another big difference is that service users are recycled into volunteers. Who wants to do a job without prospects? I know now that if I'm well enough, one day I can progress somewhere – there's a purpose to it within the project."

INTRODUCTION

by **Benedict Leigh**,
Chief Executive
and **Alison Blight**,
Chair of Trustees



This has been a good year for Restore. We have faced rising demand for our services, a much tougher economic climate and complicated changes to funding. It is within this context that Restore has been able to open a new recovery service, expand services outside Oxford, work in partnership to support smaller local mental health charities and increase the number of people with whom we work.

We're really pleased with the success of our employment work. We supported 65 people to get paid work and we've supported 50 people to start volunteering or a work placement.

Of course work is not the only determinant of recovery and Restore focuses on supporting people to achieve personal outcomes in a wide range of ways. This year we enabled people to achieve almost five thousand personal recovery goals such as starting a new activity or learning a skill. Many people were supported to write and use personal recovery plans.

Restore always works with a diverse range of people across Oxfordshire. For the last five years we have worked hard to expand the reach and range of our services. This year over 22% of our clients are from a black / minority ethnic community.

In addition to our work with Restore members,

“This year volunteers have contributed 10,194 hours of support. We couldn't do our work without them.”

we also work to combat stigma and discrimination in the community. We have now trained nearly a thousand members of the public to be Mental Health First Aiders and support people in mental health crisis.

The impact of volunteers on our services is immense. In 2011-12 volunteers have contributed over ten thousand hours of support. The contribution of volunteers to Restore is vital – put simply we couldn't do our work without them.

The impact we have on individuals' lives and the general health of Oxfordshire's population would not be possible without the support and input of our statutory and voluntary partners, our commissioners and funders, as well as the wide range of mental health and social care professionals who also work with and support our members. Above all we record our thanks to our members and clients who make Restore what we are – we do hope you enjoy reading some of their inspiring stories in this review.

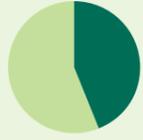
Our year in brief

This financial year Restore worked with 972 members with significant mental health problems.

About our members



22% of our members came from a black / minority ethnic community.



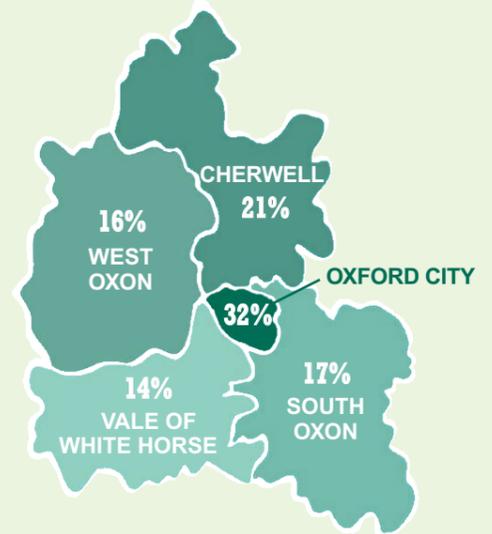
44% of members using our services were women.



89% of members were on the care programme approach*

*at the time of referral or for the duration of their use of our services.

Where our members came from



Employment and volunteering



Number of members we supported to get paid work.



Number of members we supported to start volunteering or a work placement.



13% of members using our services were supported into paid work or volunteering.



Recovery

- We enabled members to achieve **4,822** personal recovery goals in a range of areas.
- We supported **681** members to write and use personal recovery plans.



Training

- We trained **347** people to be mental health first aiders.
- We have now trained **819** members of the public to be Mental Health First Aiders in total.

Our services



Recovery groups

We run recovery groups for people with mental health problems across Oxfordshire. Activities are decided by group members and may include woodworking, gardening, IT, cooking, customer service, ceramics, design, printing, art and creative crafts.



Coaching

We provide one-to-one coaching support to help people with mental health problems find employment or start volunteering.



Training

We train managers, health professionals and members of the public to provide mental health first aid for people experiencing mental distress.

Recognition for our coaching team

Our employment specialists provide one-to-one support to help people with mental health problems find employment. They use the evidence-based Individual Placement and Support (IPS) model. The focus is not just on getting a job, but also on improving people's employability and independence, as well as their self-efficacy.



“The Restore Individual Placement and Support (IPS) service is a model of collaborative work with a substantial investment in relationships with clinical teams. The approach resulted in a high performing clinical service with impressive achievements... 44% of clients were employed during the study period, which is three times more than the 14% achieved in the most recent UK study on IPS.”

Professor Tom Burns
Department of Psychiatry, Oxford University

Andrew is proud of securing work

“It’s probably no exaggeration to say that things have changed beyond recognition since I secured this job... I feel more confident and as if I’m making more of a contribution.”

“At my first meeting with my employment specialist I knew I’d found a useful resource. He was clearly very knowledgeable, keeping up to date with new thinking in recruitment, the job market and possible opportunities. He was also patient and treated me very much as an individual.

“Again and again I was made to go back to an application form I was working on

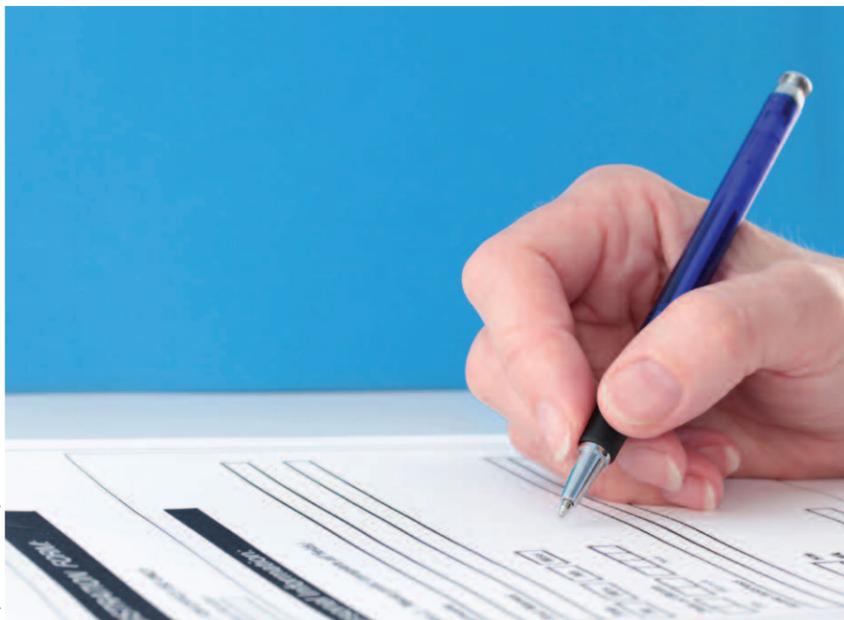
and write something relevant in each and every section. This was agonising but ultimately it proved invaluable.

I know this approach directly influenced my success in securing my job with Oxford City Council, which I’m enjoying a great deal.

“Taking on this new role has been an extremely steep learning curve and there were times I felt nothing short of panic. But I knew this was my

old problem with a lack of self-belief and now was the time to push through and move forward in life.

“It’s probably no exaggeration to say that things have changed beyond recognition since I secured this job. Although I was proud of what I achieved in a voluntary role, I feel more confident and as if I’m making more of a contribution.”



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Award winning staff



Congratulations to Employment Specialist Pamie Green who won the employment category at the South Central Improving Access to Psychological Therapies (IAPT) Emerald Awards in June 2011. Pamie is in her second year of supporting clients from Talking Space,

an Oxford Health NHS Foundation Trust service. Talking Space works with people struggling with depression and anxiety, helping them move forward and recover using psychological therapies. Clients are referred to Pamie who supports them to stay in work.

Julie knows she’ll get there in the end

“I have severe, recurring depression and I am physically disabled. I didn’t want sympathy from my employment specialist but empathy and that is what she provided. She helped me build my confidence during the process of developing my CV. She taught me you can have more than one CV and that it’s important to tailor it to the job you’re applying for.

The result is a piece of work that I’m proud of.

“It’s been tough applying for work but my employment specialist is really good



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“I am impressed that the support continues even when you get a job. Restore helps you in every way they can.”

at encouraging me and easing my self-doubt.

That support keeps me going, reminding me that I can do it and that I’ll get there in the end.

I am impressed that the support continues even when you get a job. Restore helps you in every way they can.”

Employment assistance for recovery groups

New work supporting recovery group members into training and employment proves successful



A new area we have developed this year is offering one-to-one employment assistance to members in each of our seven recovery groups across Oxfordshire. Employment specialist Fiona Walker has been supporting group members into training and employment. Some members then leave the recovery group while

others continue to attend their group while making a first step into training and employment. Working with seven groups has been a logistical challenge for Fiona but in this first year she has worked with 178 members either on an ad hoc or regular basis. Some members have gained paid jobs, while many others have attended interviews or

completed work trials. Members have also shown great interest in training and particularly IT, literacy and numeracy. Other members undertook professional training including an Access to Higher Education course, a foundation degree in Animal Behaviour and Welfare and a Level 2 NVQ Certificate in Customer Service.

Members also attended a range of recreational courses including animation, cookery, jewellery and journalism. Some members who started courses this year had not previously attended any classes since school, which makes their achievements all the more impressive.

Sam now has a positive routine in his life

“My psychiatrist referred me to Restore about a year ago. I’d stopped using heroin about six months before and was having problems with depression and paranoid thoughts. I spent most of the week at home sleeping; I wouldn’t go out. I had no drive, no motivation, no confidence. “I was very disengaged when I first came. I didn’t feel comfortable being open with people I didn’t know. Then one day I overdid it and exhausted myself. I wanted to go home but the staff encouraged me to stay. It was a real turning point. I realised the more I opened up, the more support I got. It helped me at home and improved my relationship with my mum. I started looking forward to going to Restore – I felt there was a real benefit to it. “Fiona, the employment specialist, gave me the confidence to try new things and opened my



eyes to other avenues. She suggested I try a vegetarian cookery course. I used what I’d learnt to cook for the group at Restore and people said it was lovely, so that built my confidence. When I finished the course, I felt I’d achieved something. I’d never completed anything before. “Fiona has now supported me to start a computer course and I’ve applied to be a volunteer at Restore. She told me about an opportunity at the Folk Festival to volunteer and get some sound engineering experience. Restore has been brilliant for bringing back a positive routine in my life and helping my wellbeing.”

Andy has a growing sense of achievement



“As soon as I came here, I knew it was the place for me... it clears my mind, keeps it occupied”

“I was told about Restore because I had a breakdown and was very depressed. I tried to commit suicide twice. As soon as I came here I knew it was the place for me. It helps me mentally – clears my mind, keeps it occupied and allows me to achieve things. It keeps me going. “We’ve got lots of plans for the community garden, lots of ideas. I asked a scaffolding company if we could have their boards and they

donated them free of charge. I helped take down the old chalet. A team of five of us tied ropes to it and pulled it down – it collapsed easily as it was rotten. It was a good team effort and we had a bit of a laugh when two of us fell over! I’ve also been involved in the panelling for the gazebo, which will be great when it’s finished. On a hot day, it’s one place you will want to be!”

Feel better outside: feel better inside

Our Didcot and Oxford groups have built community gardens for everyone to enjoy.



The community gardens are open to the public, providing a welcoming space for the local community and displaying the skills and talents of people who have experienced mental illness. Funded by Ecominds, the community gardens

project enabled 67 people to improve their mental and physical wellbeing by working together outside, developing new skills and gaining pride in their achievements. The Fleet Meadow team built a pergola, a pond and a raised sensory garden

for people with physical disabilities. The Beehive team’s plans were influenced by the skills of volunteers and members. Together they built a gazebo, a willow dome and a mosaic bench. Helen worked with the Fleet Meadow

community garden and has now moved on to paid work: “I was in a terrible state when I first came to Restore but the garden has been a good distraction, that’s why I kept coming. I did something with my day and that felt good. Restore played a large part in preparing me for return to work – having structure here meant I was better able to cope with the working day, and all the activities stimulated my mind and built up my confidence.”

Our training wins national awards at the House of Lords

Recognition for the quality of our mental health first aid training

This year Restore's Mental Health First Aid Coordinator Bruce Gorrie was recognised with two national awards from Mental Health First Aid (MHFA) England. Restore was also overall winner in the organisational category. Bruce and Restore Chief Executive Benedict Leigh attended the awards ceremony, which was held at the House of Lords in January. Bruce says, "We were delighted to

receive three awards from MHFA England. It is particularly gratifying that Restore is being recognised for our work with hard-to-reach migrant communities: these were very challenging and rewarding courses. The response illustrates the profound impact of the course and the need for MHFA among these communities." Mental Health First Aid is the help given to someone experiencing

a mental health problem before professional help is obtained. Bruce, who formerly used Restore's employment service, draws on his own experiences in delivering the training. This year Restore trained 347 people to be mental health first aiders. We have now trained a total of 819 people to be Mental Health First Aiders and support people in mental health crisis.



Activating mental wellbeing

Looking back on a project that improved members' health and confidence



This year Activate! supported 497 members with mental health problems across Oxfordshire to take part in sport and physical activities. Funded by The Big Lottery Fund Chances4Change programme, the project promoted the benefits of exercise to people with mental health problems and facilitated a range of sports activities. We also worked with mainstream facilities to make them more accessible and to challenge stigma and discrimination. The project came to an end in January, after being funded for a further six months by Oxfordshire

Primary Care Trust. An evaluation of the service showed that people felt it had improved their health, confidence, and lifestyle. One member said Activate! helped with "staying physically active when unwell" Another

Members involved in Activate! reported a significant increase in exercise rates... and a 32% increase in measured personal wellbeing.

explained, "the chance to do things I would not be able to afford, to get out of the city into the countryside, has a huge benefit to my mental health and wellbeing".

In summary, members involved in Activate! reported a significant increase in exercise rates from exercising less than one day a week to exercising more than 3 days a week and a 32% increase in measured personal wellbeing.



Natalie is doing things she never thought she'd do

"It was daunting coming to Restore for the first time. I was rarely leaving home and was anxious about being around people. Coming on women's day made it easier.

"Restore supported me to start volunteering. As part of the role, I stand up and speak in front of a group of people, which is something I never thought I'd be able to do. The first few times were completely nerve-racking but I wanted to get over my fear of people and now it's a bit easier. And I started a part-time job working with animals a month

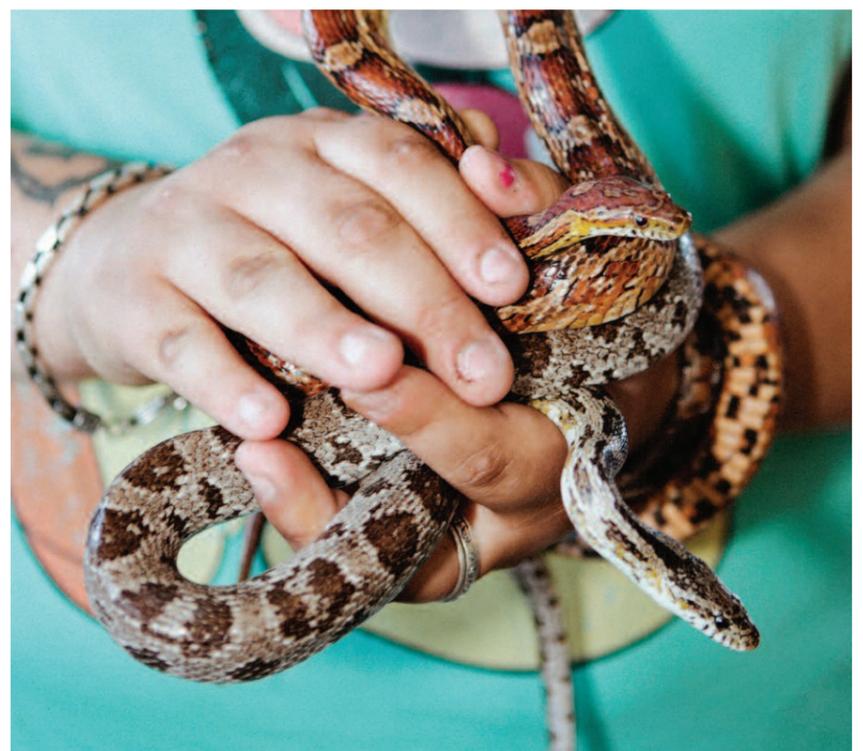
ago – I really love it.

"I told the employment specialist about my regret that I didn't go to university because I was hospitalised and couldn't complete my 'A' levels. She encouraged me to apply and looked over my application. I got a place starting in September.

"There are still good days and bad days; I'm not completely there yet. I still come to Restore once a week so I can get support when I need it. Restore has been really helpful for me. It's boosted my self-confidence and I've

"It's boosted my self-confidence and I've made friends with other members... it's encouraging to have your skills and strengths recognised."

made friends with other members. I was asked to be on the interview panel for recruiting new staff last week. I don't know who was more nervous: me or the interviewees! But it's encouraging to have your skills and strengths recognised."



Café bakers rise to the occasion on TV

Restore's Garden Café was thrilled to be featured in a special edition of the BBC's *Great British Bake-Off*



“The café strikes a brilliant balance. The people who work here get a lot out of it, and I’ve eaten some of the most delicious baked goods that I’ve had in a long time.”

In the week-long series celebrities took up the baking challenge in aid of Sport Relief. The Garden Café, which is partly funded by Comic Relief, was included as an example of how donations are used. Known locally for its delicious homemade goods our café was a perfect choice for the popular baking programme. For Restore receiving positive publicity from national TV coverage was the icing on the cake!



Filming took place in early November with presenter Mel Giedroyc remaining unfazed by starstruck Restore staff hanging around for a slice of the action. Café

member Jeremy showed Mel how to make his melt-in-the-mouth lavender shortbread. Then Michael demonstrated his seedy flapjack recipe, explaining that one customer thought his flapjacks were better than the ones from Harrods!

Mel spent most of the day chatting to members, staff and customers and said, “*The café strikes a brilliant balance. The people who work here get a lot out of it and I’ve eaten some of the most*

delicious baked goods that I’ve had in a long time.”

The café has supported 31 members during the last year of the Comic Relief grant, enabling them to take part in training, gain qualifications in catering and hygiene and move on to paid work or volunteering.

FUNDED BY
COMIC RELIEF

Restore’s undercover visitor likes what he sees

This wonderful Restore donor cooked up a big surprise for us!

In February Restore took part in what we believed was a Channel 4 documentary about food and communities. On the last day of filming it was revealed that the programme was actually Channel 4’s *The Secret Millionaire*. Our taxi driver visitor ‘Nad’ confessed that he was in fact chef and entrepreneur, Arfan Razak, known as Raz. He was moved by his experience of volunteering at the Garden Cafe and Elder Stubbs groups and gave Restore a generous donation.

Raz was drawn to Restore’s work with people with mental

“What I found at Restore was an oasis giving people at their lowest ebb a helping hand, a smile and encouragement that life will get better, slowly.”

health issues because his mother suffered from depression. Before revealing his true identity the undercover millionaire volunteered at Restore’s Garden Café and Elder Stubbs Recovery Group and interviewed members. Raz said: “*Supporting Restore is a huge honour for me. We go through life with its ups and downs. Sometimes we need help and support but we don’t*

always get it. What I found at Restore was an oasis giving people at their lowest ebb a helping hand, a smile and encouragement that life will get better, slowly. I wish Restore had been in Nottingham to help me and my mum. I know from personal experience that the work Restore does makes a huge difference to those with mental illness and the people around them. They simply save lives!”



Danny has a better outlook

“I liked Restore the first time I came here; everyone was so welcoming.”



“I started at Restore after being discharged from the Adolescent Unit at Warneford Hospital, which was the first time I’d been away from my parents.

“I liked Restore the first time I came here;

everyone was so welcoming. The first person I met was another member who talked to me about what the charity is and what people do here.

“I come twice a week. It’s something to look forward to and it’s better than being stuck at home. I’ve done a bit of everything – woodwork, gardening, working on the gazebo and the willow dome. I’ve learnt new skills

and got a first aid qualification. I would go in late when I was at college but I don’t do that here because I can’t get away with it!

“I’ve got a better outlook on the future now. I’ll get support from Restore when I’m ready to look for work. I would like to thank everyone at Restore for their care and support – I wouldn’t have had such a speedy recovery without them.”

Members train as leaders

Speaking out against stigma and discrimination

Restore ran a leadership training programme, which was funded by an anti-stigma grant provided by Time to Change. The aim of the training was to enable a group of Restore members to develop the skills necessary to set up and become leaders of community groups. Ten trainees with severe and enduring mental health problems attended the training. They completed the two-day nationally accredited Mental Health First Aid training course followed by a 10-day training

programme to develop the skills, knowledge and self-belief necessary to become leaders. As part of the training the group visited Mind services, Oxfordshire County Council and Warneford Hospital. For most members it was the first opportunity to return as visitors to the Hospital where they had previously been patients. The trainees are now committed to transforming their negative experiences of mental illness into positive messages that will inspire others to speak out and raise

The trainees are now committed to transforming their negative experiences of mental illness

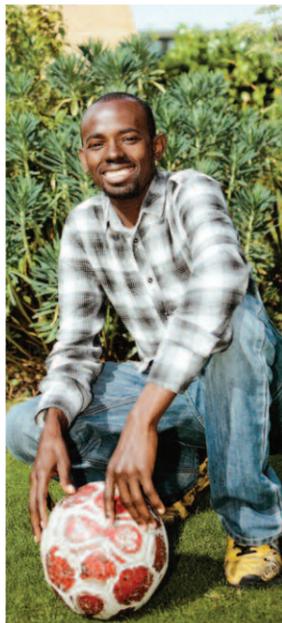
awareness in the wider community. Members have attended service-user conferences and spoken of their personal experiences to groups of up to 70 people, for example at a Cherwell County Council-led community awareness event. Two members have set up their own user-led projects.

Our volunteers make our work possible

Restore's remarkable year of achievements was only possible thanks to our dedicated volunteers

Restore's investments in recruiting, training, and supporting volunteers has resulted in more than 10,000 hours of volunteer support across our services over the year. Our Volunteer Coordinator recruits both former members ready to move on and the general public to volunteer at Restore. Volunteers provide support in diverse ways including supporting recovery group members, helping write

funding applications, assisting with the Elder Stubbs Festival, baking cakes, jumping out of aeroplanes and running our reception desk. Thank you to all Restore volunteers for your time, dedication and willingness to share your skills and knowledge. **If you are interested in volunteering with Restore please contact the volunteer coordinator on 0845 250 0518 or email volunteer@restore.org.uk**



20 years of the Elder Stubbs Festival

Restore's largest community event celebrated its twentieth year in August



The Festival is organised by Restore's members, volunteers and staff in partnership with Elder Stubbs Charity. It showcases the talents and skills of people with mental health problems, challenging stigma and misconceptions. The event also provides a valuable forum for other mental health organisations and

community groups. More than 3,000 people attended the anniversary event to enjoy live music and community stalls among the vegetable patches and fruit trees. This year's attractions included a reggae tent, jazz piano, bouncy castle and pony rides. Pianist Nick Gill added an air of sophistication to the tea room with upbeat

melodies from the Jazz Age. Nick, who was previously a member of our Elder Stubbs recovery group and is now a Restore volunteer says: "Elder Stubbs has a very helpful, natural feel about it. It's a model for how the rest of society could be if you want to make the world a happier place. I have been a jazz

musician for most of my adult life. Elder Stubbs gave me the strength and inspiration to get back into playing again. I'm enjoying my work more than ever and have found a rich new vein of creativity. Coming through a mental illness can help to focus the mind on what really matters in life."



Susan enjoys contributing

"It's good being a volunteer – it gives you a purpose in life."

"I'm a retired GP and I was a member of Elder Stubbs on and off for a long time, starting when I was hospitalised with severe depression. It's good being a

volunteer – it gives you a purpose in life. You're contributing something valuable and useful to other people. I've always been a gardener and I know what needs doing and how to organise it. I have to be strict with myself here so I'm not playing the part of the doctor. I try to be a listener, not be dogmatic and tell people what to do!"



Mara had a lot of fun and learned new skills



"At Restore members and staff care for each other with sincerity and humanity. The recovery groups engage members in meaningful work with useful, supportive feedback. Those are reasons why we volunteers can never say enough good things about Restore. "I love baking so it was

my pleasure to cook and bake in the Garden Café. I'd never admit to how little I knew about cooking but I learned. I taught bread baking – we got up to our elbows in dough for cinnamon buns and I met some wonderful, interesting people. But most importantly, I worked on achieving

the challenging balance that any volunteer needs to find between the desire to 'help' and the members' goal of regaining self-sufficiency through ongoing mental health challenges. Volunteering at Restore has been an education, great fun and an inspiration."

Sharon has learned to value every day



© Ivan Mateev / istockphoto.com

“I want to be able to say to someone who is suffering that I am proof that things can get better with support and with the courage to take tiny steps.”

“Life was very dark. I didn't go out and I didn't like being around people. I spent a lot of my time in bed. I didn't wash, or dress or take care of myself. I just wanted to be by myself in the house where I felt safe. Outside was a very scary place. I totally shut off from everything – I didn't watch the news or read newspapers.

“My first impression of Restore was that there were loads of people. I remember looking at their faces and screaming inside. I was shown around and met the staff but I just wanted to leave. But I went regularly and I made a bond with the staff. I trusted them, which was a huge thing for me.

They always had smiling faces and if I wanted to talk they would sit with me but they knew if I wanted to be left alone. They taught me new skills and helped me talk to other members.

“I learnt that I could cope around others and there was no need for me to be scared. I also learnt new skills such as pottery and woodwork. I remember making my first wooden box with a dolphin on top. I was so proud of myself.

“With Restore's support I decided to follow my dreams and take a college course in nail technology. My college tutor put me in for an award, which I won. I also started working as a carer in a nursing

home, which I never thought I would be able to do again. Now I work full time. My plans for the future are to set up my own nail salon and maybe do an NVQ 3 in social care so I can be a care leader, which will involve being in charge of a unit.

“I have come a long way and I now live life with the attitude that I will make the most of every single day. I don't mind talking about my illness and how I got through it because I want to be able to say to someone who is suffering that I am proof that things can get better with support and with the courage to take tiny steps.”

Thank you!

We would like to thank all our funders and supporters who make our work possible including our Friends who are too numerous to list here.

Arfan Razak
Ammco Trust
Awards for All (Big Lottery Fund)
Banbury Charities
Banbury Town Council
Bartlett Taylor Trust
Bidwells Community Fund
Charity of Thomas Dawson
Comic Relief
Co-operative Community Fund
Ecominds (Big Lottery Fund)
Elder Stubbs Charity
Feoffees of St Michael's and All Saints Charity
Garfield Weston Foundation
Grey Court Trust
Hubert Blake Charitable Trust
H W Rothschild
Janet McCrae
Learning and Skills Council
MacTaggart Trust
Oxford Christadelphians
Oxfordshire Community and Voluntary Action
Oxford City Council
Oxfordshire County Council
Oxfordshire Economic Partnership
Oxfordshire Primary Care Trust
The Parochial Church Council of St. Nicholas', Marston
South Central Health Authority
Tanner Trust
The Green Room, Wiley
Waitrose
W E Lawrence Charitable Trust

Donations in memory of Rob and Peggy Langford, Jeanne Bliss and Phil Jackson

Wedding gift donations from friends and family of Helen and David Reid

Restore finances 2011/12

A year of continued growth – thanks to our funders and supporters!

Total incoming resources have increased during the year to £1,234,235 compared with £1,127,246 the previous year. Resources expended also increased to £1,226,504 (2011: £1,098,718). After a small gain of £6,802 on Investment Assets the surplus for the year was £14,623.

Our principal funding source during the year was the Oxfordshire Mental Health Pooled

Budget (NHS Oxfordshire and Oxfordshire County Council). We have also had generous support from a range of other organisations and continue to raise the profile of Restore. The support of all our funders and supporters is vital to our continuing growth and success.

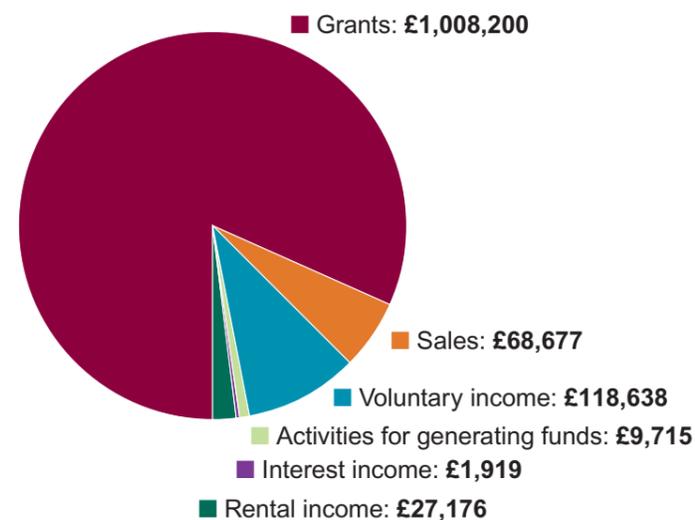
A combination of fundraising, prudent management and timing of donations have created the

small surplus on the year's activity. However, we need to continue to fundraise and, when applying for grant funding, seek full cost recovery and remain vigilant in the constant battle to prevent costs creeping up.

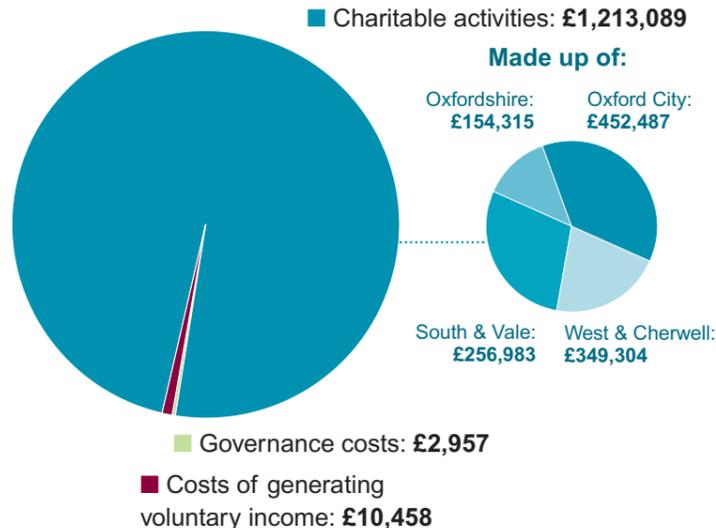
A full copy of our financial statements is available on our website.

Restore cost £1,261 per person supported and £11.15 per hour of recovery support.

Income



Expenditure



Many thanks to all of our contributors to this Annual Review

restore

working for mental health

Restore is an Oxfordshire charity that supports people with mental health issues to do the things that they want to do. We provide training, encouragement, a supportive environment, one-to-one support and the chance to achieve. **If you or someone you know would benefit from our services, please get in touch.**

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