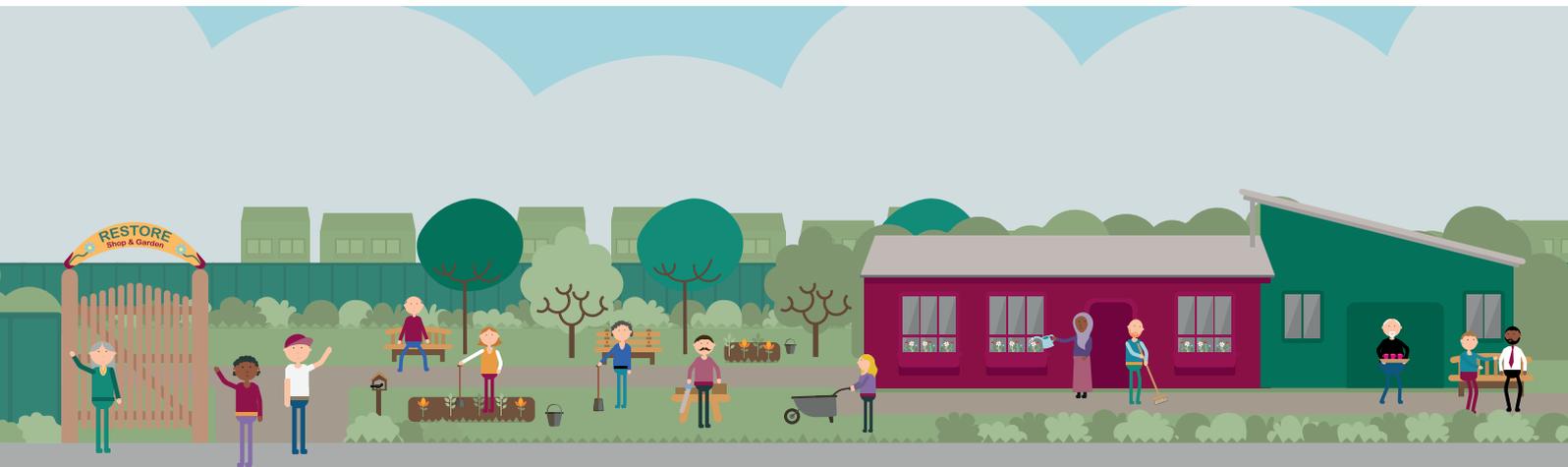




restore
working for mental health



Annual Review

2015-16

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Paul Browse

Restore is an Oxfordshire mental health charity that supports people to take control of their own recovery, develop skills and lead meaningful lives.

We are delighted to be able to report on another highly successful year for Restore.

During this year, as always, our members, staff, volunteers, Patrons and all our Friends have contributed so much, each in their own unique way, making Restore the very special charity that it is. And the many testimonies we receive from people who do not live in Oxfordshire confirms this. They have told us in a variety of ways: *if only there had been a Restore in my area...*

Happily, as a result of us winning the GSK/King's Fund Impact Award in 2015, we are now very well networked across the UK. As well as learning from other voluntary organisations, we have been able to share our experience and expertise. We also remain a committed part of the Oxfordshire Mental Health Partnership, with the specific aim of providing integrated and joined-up services that provide the best possible outcomes for people who need and use mental health services, their families and those who care about them.

We are committed to providing services that are guided by our members. Our Member Council meets quarterly and provides a steer on the strategic direction of the charity, feedback on what we are doing well and the concerns of people using our services. All of which we use to ensure we maintain high standards in our services and in setting our direction of travel.

Be well. And thank you for being with us.



M. Realey

Martin Realey
Chief Executive

Anne James

Anne James
Chair of Trustees



Our President

Our Patrons

Our Trustees



Peter Agulnik

Peter co-founded Restore with Lord Young of Dartington in 1977. He was also instrumental in the development of a number of Oxfordshire charities (including the Ley Community, Elmore Community Services and Response). Restore would not exist without his vision, hard work, support and guidance. He remained a Trustee for many years and is now President of the organisation.



Sophie Grigson

For over three decades, Sophie has been writing about and working with food: “Food and eating is a universal necessity... an incredibly powerful tool that brings people together like nothing else. Restore’s Garden Café harnesses this everyday power to support and empower members. The work they undertake makes the world a better, more inclusive place for all of us. I feel privileged to be a tiny part of it.”



Harry Mostyn Young Person’s Patron

“I first supported Restore at school when I nominated it to be our charity of the year. We raised £30,000 and were really proud of our achievement. I am currently taking a year off before university, and as a Patron of Restore I hope to visit schools to speak about their work. I will then be moving to Bristol to study English.”



Anne James

As our Chair of Trustees, Anne brings us a wealth of valuable experience from her career in social care.



Godfrey Cole

Having worked as a legal academic and public sector lawyer, Godfrey has a clear understanding of the needs of those with few opportunities.



Stuart Haigh

A Chartered Certified Accountant who knows the local business community, Stuart supports us with accounting, finances and marketing.



Bob Minty

Since retiring as a partner Chartered Accountant, Bob has continued to work in the not-for-profit sector as a consultant and volunteer.



Louise Lewis

A qualified solicitor, Louise works with trust beneficiaries who have mental health issues, and supports their families with practical and legal advice.



Mark Adams

Mark has over 35 years experience in social housing, at both an operational management and director level, with a special interest in supported housing.



Bob Wilkes

Oxford City Rector Bob Wilkes has served as a church minister and supported community mental health in the UK, Middle East and Asia.



Mary Robertson

Formerly the Director of Social Services for Oxfordshire County Council, Mary shares her expertise on housing, mental health and disability services.



Sam Mostyn

Sam specialises in communication, employee engagement and change management – and is committed to supporting people with mental health issues to lead fulfilling lives.

North Oxfordshire Recovery Group



The Orchard
Calthorpe Street
Banbury, OX16 5EX

Bridewell Organic Gardens



The Walled Garden
Wilcote
Witney
OX7 3EB

Partner

Root and Branch



Westmill Farm
Watchfield
Oxfordshire
SN6 8TH

Partner

South Oxfordshire Recovery Group



Fleet Meadow
Sandringham Road
Didcot, OX11 8TP

Where we work



The Garden Café

Manzil Way
Cowley Road
Oxford, OX4 1YH



Beehive Recovery Group

Manzil Way
Cowley Road
Oxford, OX4 1YH



Elder Stubbs Recovery Group

Elder Stubbs Allotments
Rymers Lane
Oxford, OX4 3LB



Littlemore Recovery Group

Littlemore Mental Health Centre
Sandford Road
Littlemore
Oxford, OX4 4XN

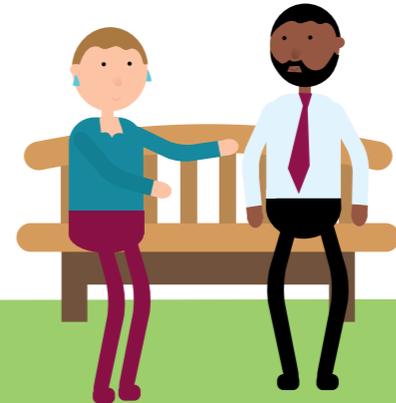


Restore Member Council

Restore has long recognised the value of members' feedback and contribution to the destiny and journey of the charity.

We have a Member Council, which any member can ask to join. Members can also share their views with any Council member to represent their opinion. This way members have the opportunity to have a real say in how Restore is run and are able to play their own part in running the organisation and making their voices heard.

The Council meets three times a year and has representatives from each recovery group. The enthusiasm and sense of ownership among users of all aspects of Restore is refreshingly high.



"The Restore Member Council is a supportive group to enable you to have a say and shape how Restore is run. The staff listen and genuinely take on board what Council members say."

Tony, Council member

"I love being a member of the Council – sharing ideas, meeting other members and volunteers. It's a great sense of achievement that I can be involved."

Shireen, Council member

Our vision



Ed Maynard

Working towards a time when people with mental health problems are fully empowered to live meaningful lives.

Our mission



Paul Browne

Providing recovery and coaching support to people with mental health problems whilst working with the whole community to reduce the stigma associated with mental illness.

Our values



Recovery

Enabling people to recover from illness and manage their own mental health and wellbeing.

Empowerment

Helping people to believe in themselves and what they can achieve.

Respect

Accepting without judging, as each person is unique.

Support

Providing the opportunities to help ourselves and each other.

Hope

Offering a positive future where everyone can fulfil their potential.



Evaluation

We undertook a very useful external evaluation and needs survey of Restore among our service users, staff, volunteers and external stakeholders. Everyone was extremely helpful, often taking time out of busy schedules to speak to us, attend a focus group or fill in an online survey.

We asked:

- What is Restore doing well?
- Are the services making a difference to the lives of the people who use them?
- What could we do better?
- What are the future needs, priorities and options for continuation or development?

Positive feedback underlined the importance of the essential work we do: *“These services are absolutely necessary and help mental health patients into mainstream employment. Staff don’t think of people differently at Restore”* (external stakeholder).

The full report is available in the reports section of the Restore website.

“Restore helps people to believe in themselves. People really benefit from having a coach to help them succeed.”

External stakeholder

“It is just an amazing place. I felt safe, nurtured and encouraged.”

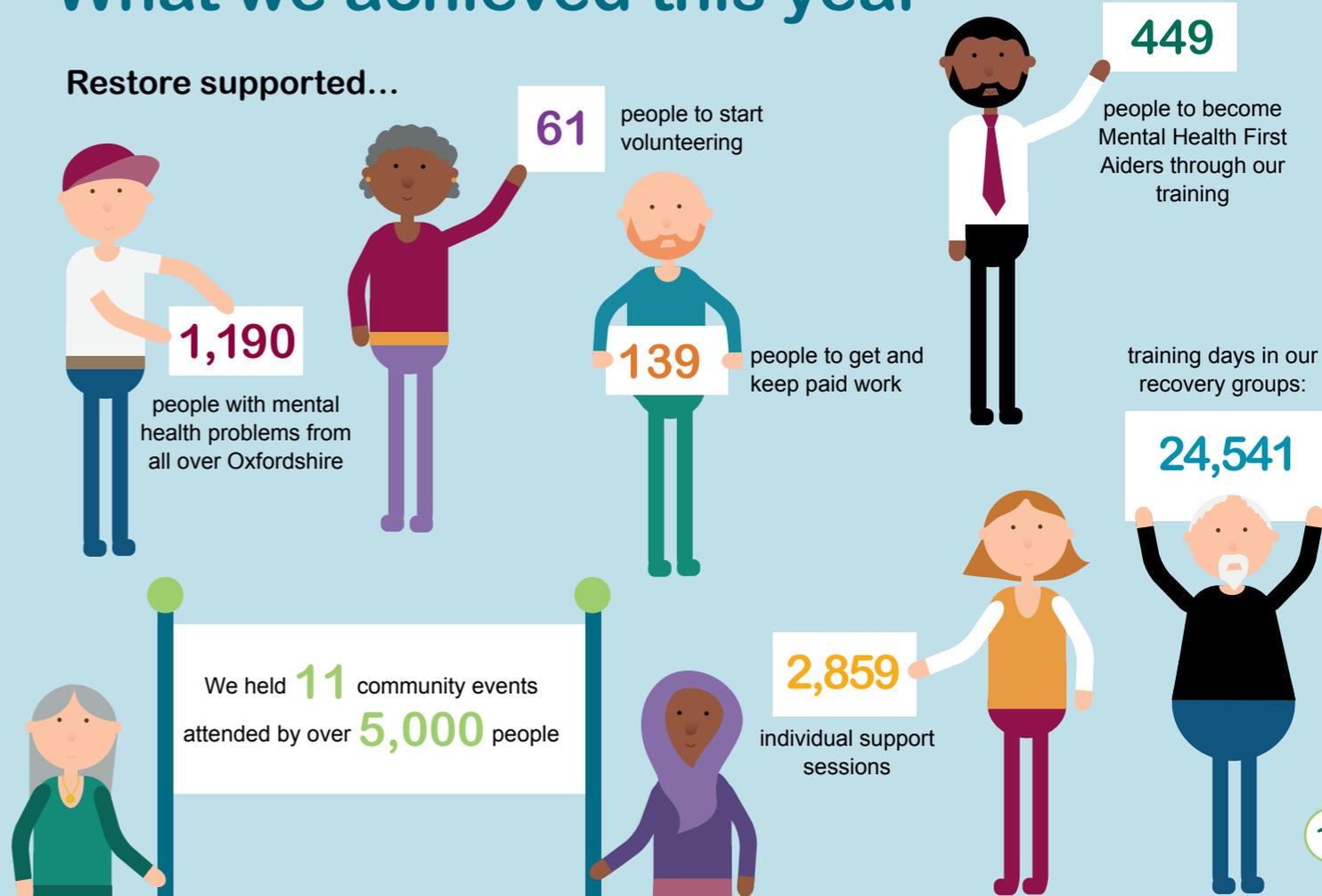
Service user

“People flourish when they can do ordinary life stuff but in a very supported way. They flourish in places that receive them with open arms and can be supportive until they no longer need them.”

Staff member

What we achieved this year

Restore supported...





Christopher Trafford

Coaching

People with mental health problems want to work but it's sometimes not easy for them to find or keep a job.

Mental health problems can prevent people ever starting work, keep them off sick for years, or even spark a crisis when they are in work. Restore provides personal coaching when it matters most: supporting clients seeking new skills or volunteering opportunities to gain experience or to go for that job.

A recent coaching client says, *"I struggle to leave the house most days as the prospect is terrifying, but I find every week it's easier and easier to overcome because of how much I look forward to my coaching appointment."*

I really couldn't ask for better support than I'm currently receiving and cannot express my thanks and appreciation enough. Thanks to my coach I'll soon be starting a short course in animal care, and hopefully after that a full-year course!"

"I cannot praise my coach enough for how amazing she's been. I've only seen her five or six times so far but the support I've received has been endlessly helpful."

Recovery groups

We run recovery groups for people with mental health problems across Oxfordshire.

Group members choose activities which include woodwork, gardening, cooking, customer service, ceramics, design, art and creative crafts.

Members have opportunities to gain insight into their strengths and consider positive changes they wish to make. We acknowledge that this can be hard work, so regular time is set aside to reflect on how things are going, both as a team and individually.



Mim Saxel

"The good thing about Restore is that when we are there, we are craftspeople, chefs, gardeners... who happen to have mental health problems."

Charlotte, member

Opportunities Project

Our volunteer coaches are enabling hospital patients to make a fresh start.

Volunteer coaches from Restore visit psychiatric wards in Oxford every week. They have information to help patients work out what they want to do after leaving hospital. We call this 'The Opportunities Project', and ward staff now see our volunteers as valued colleagues who are helping patients to stay well.

One patient told us she'd been very worried about what she would do when she got back into the outside world. *"But you've shown me some hope, and I'm looking forward to making a fresh start when I get home."*



Mick Carroll

"There are many indications that the project is providing an important and highly valued service, the benefits of which are being felt all round." Extract from Evaluation Report

Oxfordshire Recovery College

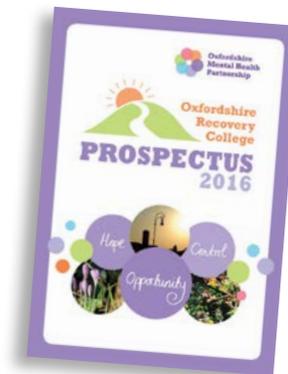
The Oxfordshire Recovery College is an initiative developed by the Oxfordshire Mental Health Partnership (OMHP).

The delivery is being led by Restore, running courses for people in Oxfordshire who are experiencing mental health problems, their family and friends, carers, and staff and volunteers of OMHP. Courses are co-run by people with lived experience of mental health problems, and mental health professionals. The aim is to assist students to recognise and make use of their talents and resources. This includes developing new skills and being in control of their own recovery plans.

We are pleased to say that the college has had a very successful first year, with 334 students coming through its doors to attend at least one of the 12 courses on offer. In the last term alone, we received 130 expressions of interest, and there are 44 course dates scheduled for the autumn term.



Sam Bond



Current courses include:

- Introduction to Recovery
- Understanding Mental Health
- Wildlife and Wellbeing
- Employment: Exploring Confidence
- Informing Choices: Anti-Depressants
- Parenting in Recovery

To find out more, enrol on a course or get involved, please visit www.oxfordshirerecoverycollege.org.uk

Training

Mental Health First Aid



Chris Fulton

Our 'Mental Health First Aid' training is designed to give people practical skills in how to recognise the symptoms of mental health problems, how to provide initial help, and how to guide a person towards appropriate professional help.

The training involves a 12-hour course run over two days, and is accredited by Mental Health First Aid England. Participants receive a certificate on completion of the course.

For further information, see:
www.restore.org.uk/mhfa-training

Working with Mental Health



Our 'Working with Mental Health' awareness training has been produced by professionals with lived experience of mental ill-health, and is designed to improve managers' understanding and responsibilities around mental health in the workplace.

Training is tailored to the requirements of individual organisations. It highlights current industry trends, enables better understanding of a manager's role in promoting mental wellbeing, helps participants spot and understand symptoms of mental illness, and provides advice specific to the organisation and location.

To find out more, visit www.restore.org.uk/working-with-mental-health or call 01865 455822.

Gary's story

"It's building my confidence all the time."



Paul Browse

I suffer from anxiety and I'm using the recovery group to get back to work. It's very important that I keep on moving in an upward direction. It's building my confidence all the time, that's the most important part of it – it's really good!

I do a little bit of graphics on the computer – I'm encouraged to do posters and artwork and things I'm familiar with. I also work in the kitchen and in the shop. So I do a little bit of everything! It's nice to know you're doing something that's positive and worthwhile.

Restore to me is one of the best places I've ever been to. It's helped me so much. It's growing the confidence that you need to approach the outside world. There are things I do now that if I hadn't come to Restore I would never have done. I'm working on a computer which I'm not trained in, but I'm learning as I go along. I'm picking up life skills that I can take into the outside world.

Restore gives you confidence. People around me encourage me to try new things. And the challenges become a lot easier as you do them. I think Restore offers you the opportunity to challenge yourself, but also to be yourself as well.

It's been really worthwhile coming to Restore. I've got a lot from it and I wouldn't change a thing.

Volunteer for Restore

This year the number of volunteers at Restore increased again and we benefited from over 21,338 hours of volunteer support. We would like to say a massive thank you to every one of these wonderful people! We always need new volunteers. If you'd like to get involved and gain experience and skills in a supportive and friendly environment, we have a variety of roles including:



Christopher Traiford

Volunteer coach

You will provide one-to-one employment support to help your client identify their goals and plan how to achieve them.



Café volunteers

You will support and empower members to run our thriving cafés at Manzil Way or Littlemore Mental Health Centre. This could involve working with them to plan menus, serve customers or bake cakes!



Fundraising volunteers

You could be part of a team of events organisers, help in the office, enter a sponsored challenge or give a couple of hours to help out at our festivals – there are plenty of fun ways to get involved.



Mim Saxi

Recovery group volunteers

You will play a key part in supporting our members on their journey of mental health recovery. This could involve working alongside members doing gardening, jewellery-making, woodwork or crafts.



Mick Carroll

Opportunity Project volunteers

You and another volunteer will hold a weekly two-hour drop-in on Tuesdays in a psychiatric ward. You will give guidance to inpatients about keeping their jobs, and information about useful organisations.

“It might sound too good to be true to people who haven't experienced it, but I can say from nearly five years' experience that the atmosphere is more welcoming, supportive and easy-going than anywhere else I have worked.”

“As a volunteer you support people with mental ill-health on their individual journey to recovery by helping them discover their talents and rebuild their self-esteem. You also get to learn skills, so the process is mutually beneficial.”

New look logo and website

An updated logo

For our new logo, we wanted a simple image that sums up what we're about and is instantly recognisable as Restore. So, after a long consultation with members, volunteers, staff and Trustees, we decided on this:

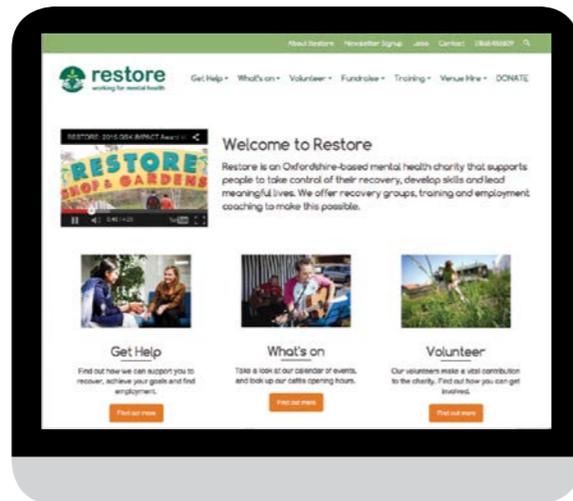


We're really thrilled with our new logo and the way it reflects our message of hope and a fresh start, combining practical skills and creativity in a safe and nurturing environment. You can help us get the new logo out there – and show your support for Restore – by choosing from our wide range of new merchandise, available at the Garden Café and Littlemore shop.

A brand new website

2016 also saw the launch of our new website. Please take a look and share it around. The website has been designed for us by Made With Joy (www.madewithjoy.org), a local social enterprise that supports people to gain new skills and confidence. In fact, some of the key designers on this project were or are Restore service users.

www.restore.org.uk



A week in the life...

Here's a snapshot of the work of Shelley, one of Restore's employment coaches.



**Monday 14 March
– Henley**

I settled myself in for my first employment clinic. After assessing someone to check if coaching is the

right service for them I'll accept them on to my case load – three new clients today, a good start to the new location.

Giving people one-to-one informal support and helping them to set goals and identify barriers is often the starting point of the coaching journey. People need help in all sorts of ways. Many find it hard to know what to say to an employer about their mental health. Coaching is helping people to help themselves, it's giving support where it's needed to help people achieve their goals.

Tuesday 15 March – Abingdon

I work from Abingdon Mind every Tuesday, where I see six clients back-to-back. When you have been working with someone for a while you get to the stage where after a catch-up you can get straight into job search. Today, four jobs were applied for – we will just have to wait and see if they have been successful. Had a good chat with a client about the issues involved in going back to work after a lengthy break. Going back part-time can enable you to make a gradual return, a small step in the right direction.

Friday 18 March – Didcot

I saw coaching clients here this morning before heading to Wallingford where I usually spend the whole day on a Friday. One of my clients has enrolled on a course which will put him on a career path which he has wanted for a while and feels right. Couldn't be more pleased for him – a great end to the week!

Working with others

In order to provide an Oxfordshire-wide recovery service, we work with our partners Bridewell Organic Gardens and Root and Branch. Both organisations work with a similar client group to Restore: people who experience mental health difficulties such as depression, anxiety, schizophrenia and bipolar disorder.

Bridewell Organic Gardens



Bridewell Organic Gardens is a therapeutic horticulture charity supporting adults with mental ill-health; last year it supported 72 people. At its walled garden site at Wilcote in West Oxfordshire, adults

work together to manage the garden and vineyard. In the process, Bridewell helps members to overcome social isolation and loss of self-esteem, ultimately enabling them to engage in the community again through employment, education or voluntary work. Bridewell's small team of practitioners is supported by up to 17 volunteers.

Root and Branch



Located on an organic farm in the Vale of White Horse on the Wiltshire/Oxfordshire border, Root

and Branch offers clients a wide range of interesting activities such as gardening, blacksmithing, woodworking, crafts, artwork and cookery. This helps people to regain their self-esteem and hence lead fuller lives, including returning to work or full-time education. Last year Root and Branch supported 35 people.

Elder Stubbs Festival

The theme of this year's Elder Stubbs Festival was the 'Wild, Wild, West', with over 3,000 people joining in the fun.

As always the aim was to celebrate our community, raise awareness of mental health, challenge the stigma associated with mental illness and raise essential funds. There was so much to do on the day including hands-on workshops, live music stages, community, food and craft stalls, and lots of activities for kids!

"One of OX4's most cherished events... a unique festival for a unique community."

Oxford Mail



Photos: Jeff Slade and Bill Harrington-Stuart

Our amazing fundraisers

We are so grateful for the support of the local community, who have really rallied behind Restore. Here are some of the fantastic things you've been up to...



▲ We were invited on to the New Year's Eve special of Channel 4's **TFI Friday**, where Chris Evans presented us with £2,000!



▲ 15 fantastic runners completed the **Oxford Half Marathon** and raised £4,500.



▲ 16 cyclists took part in **Bike Oxford, Nightrider** and **Zappi's Gran Fondo**.



▲ A team from **Whitley Stimpson Accountants** ran 10km through rocky terrain, raising over £1,300.



◀ **Mark** ran for an amazing **20 miles** – at night!



◀ **Andy and Gary** fought the stigma around mental illness and raised £2,300 at a charity boxing match.

This year you raised a whopping **£64,080!**



▲ Two brave students from **St Edward's School** (see box below) jumped out of a plane, raising over £6,000.



◀ Our event volunteers organised **In The Garden**, a music festival at our gardens on Manzil Way, raising £2,500.



◀ **Jack** ran some mouth-watering pop-up restaurants raising almost £1,000 for us over the year.



▲ **Oxford Spires Rotary Club** raised over £3,000, through festival stalls, casino nights, carol singing and grant applications.

A special mention must go to the students of **St Edward's School** who have raised over **£30,000** for Restore!

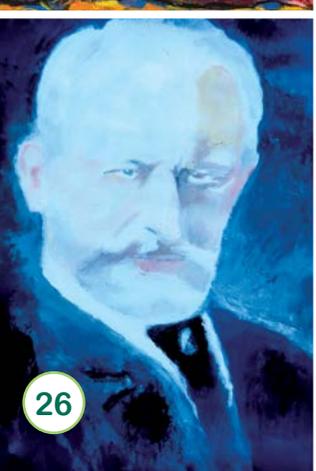
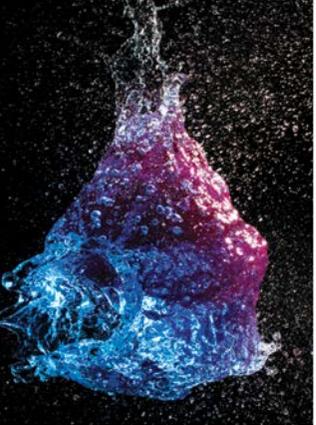
They organised dozens of activities including theatre productions, a triathlon, Disney fancy dress day, a fast, a skydive, a viral music video, and designing and selling jewellery. We were really impressed by their maturity and openness to the topic of mental health, and their creativity and dedication in fundraising.

If any other schools or colleges would like to follow in St Edward's School's footsteps and support Restore, please get in touch...



Thank you all!

If you would like to do a sponsored or fundraising event for Restore we would LOVE to hear from you! Please call Mackenzie on 01865 455822 or email mackenzie.dancer@restore.org.uk



From top: Charlotte Brennan, Kate Underwood, Angus Davidge

Dark Arts



Last year we produced a book to showcase the art and poetry of all those connected to Restore.

Dark Arts is a celebration that captures journeys to recovery from mental illness through a collection of creative work, giving us a real insight into individuals' personal experiences and reminding us how far some people have travelled.

In September 2016 we continued to celebrate and encourage creative expression with an exhibition of photographs and artwork in a variety of media. Again, this stunning visual display offered an intimate portrayal of the artists' experiences of mental health problems and recovery.

Dark Arts is available to buy from all Restore sites, a bargain at just £4!

I'm still here

I'm still here,
You might not see me,
You might not hear me,
But I'm still here,
Fighting back, reaching out,
You might not see me,
You might not hear me,
But I'm still here,
Holding on, not giving up,
But I'm fading,
Fading slowly,
Don't forget me,
The real me,
Because I'm still here.

Louise Bailey

Charlotte's story



I started at Restore just after coming home from university, where I had been severely ill for all three years with depression and anxiety. I had lost confidence and had stopped socialising.

On first coming to Restore I would sit with my head down, not talking to anyone, but gradually with the encouragement of staff I would talk to staff and members – first one-to-one and then in small groups.

I have learnt new skills from members and staff, such as pyrography, jewellery-making and mosaic. I have carried on these skills at home, making my own mosaics and pyrographs, which gives me a sense of purpose. Restore has taught me to get into a routine – something which is so hard when you are depressed. I have done a Mental Health First Aid course, which has taught me how to deal with a person experiencing a mental health crisis; to keep them safe, and help with their recovery.

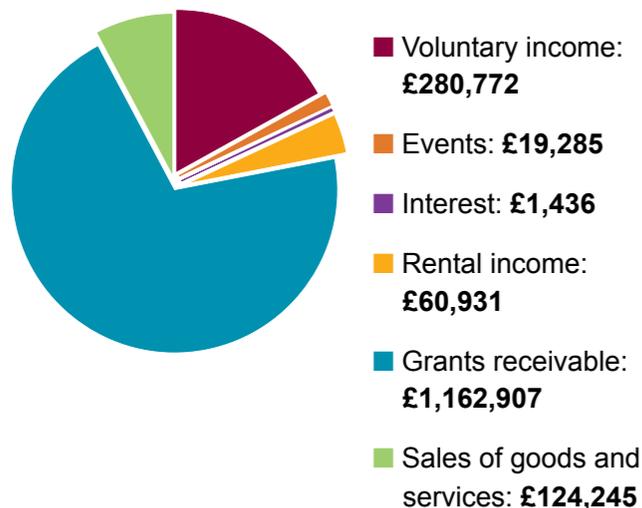
Thanks to Restore I am currently at college doing a Level 3 qualification in photography. I have received help from the coaching service here, and being here has led to an overall increase in my confidence.

The good thing about Restore is that when we are there, we are craftspeople, chefs, gardeners... who happen to have mental health problems. When you have a mental illness it can take over your life, and make you feel like you have no purpose. Restore helps people to develop self-esteem by enhancing their existing skills and teaching them new ones.

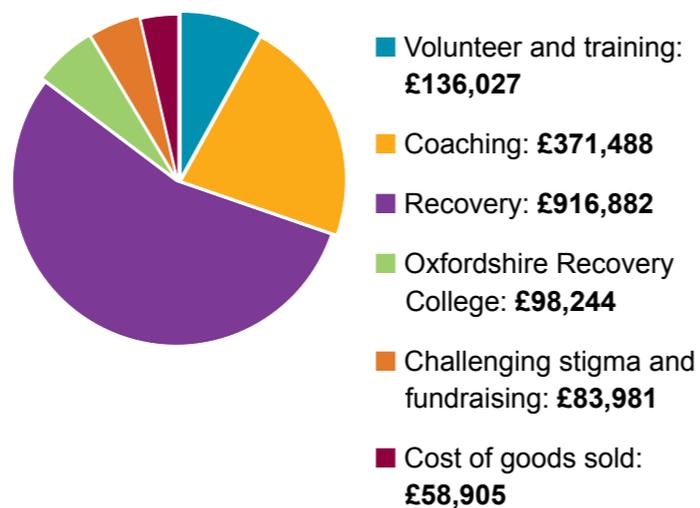
Money matters

Total incoming resources have increased during the year to £1,649,576 compared with £1,449,652 the previous year. Resources expended also increased to £1,665,527 (£1,428,469 in 2015). The deficit for the year was £15,950. A full copy of our Financial Statements is available on our website in the Reports section.

Income: £1,649,576



Expenditure: £1,665,527



Support Restore

With ever-increasing demand for our services, we rely on the support of local people like you to continue enabling people to change their lives.

Sponsored events

We have some really exciting opportunities to get involved this year. Challenge yourself at a sporting event (including the Oxford Half Marathon or Bike Oxford), join one of our skydives, or even take a European road trip in an old banger! See what's coming up at: www.restore.org.uk/upcoming-events

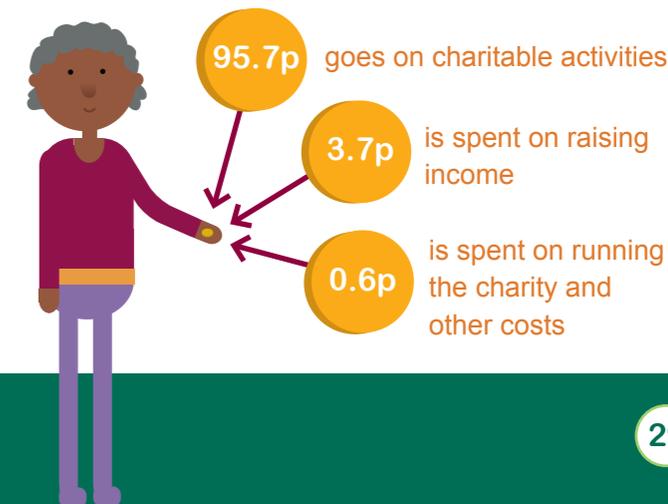
Leave a lasting legacy

When writing your Will, your loved ones will always come first. But you may find that once you've made provisions for your friends and family, you are able to leave a gift in your Will to Restore. For more information visit: www.restore.org.uk/fundraising/legacies



This year we raised **£280,772** through fundraising

For every £1 spent



Get in touch at fundraising@restore.org.uk
01865 455822 • www.restore.org.uk/fundraising

Give a regular gift to Restore



Giving a regular gift enables us to plan ahead and support everyone who comes through our doors. As a small way to say a BIG thank you, our regular supporters receive a handmade gift from one of our recovery groups, a discount card (valid at all our cafés) and our eternal gratitude.

I would like to make a regular gift of:

£

a month / quarter / year

(delete as appropriate)

From my account:

Sort code
Account no
Bank name
Bank address
Postcode

To RESTORE, Barclays Bank, Cowley branch, Oxford, OX4 3XT, Account no: 80313912 Sort code: 20-65-21

Signature

Please Gift Aid all my donations to Restore until I notify you otherwise.

Ticking this box means that every pound you donate to Restore is worth £1.25 with no extra cost to you. You must have paid income tax equal to the tax that will be claimed (25p per £).

giftaid it

First name
Surname
Address
Postcode
Landline no.
Mobile no.
Email

I would *not* like to receive Restore's monthly e-newsletter.

Your information will be kept confidential and secure in line with the Data Protection Act 1998.

A massive *thank you* to our wonderful funders and supporters from all of us at Restore!

Ammco Trust
Asda Didcot
Barrus
Batchworth Trust
Bernard Sunley Charitable Foundation
Blake Morgan
Body Shop, Oxford
Bonnier Consulting
Central Oxford Mosque
Clover Trust
Co-op, Rose Hill
Comic Relief
Critchley Charitable Trust
Cumber Family Charitable Trust
Didcot Girls' School
Didcot Town Council
Doris Field Charitable Trust
Genzyme
Hunts Printers
Elder Stubbs Charity
Garfield Weston Foundation
GSK Impact Awards/King's Fund
Health and Social Care Volunteering Fund
Henry Smith Charity
James Cowper Kreston
JK Foundation
John Wiley and Sons
Kestrals Class at Wood Farm School
Koinonia Trust

Langford Gardening Project in memory of Rob and Peggy Langford
Lloyds Bank Community Fund
Lord Faringdon Charitable Trust
Lord Mayor of Oxford Charity Trust
Marlborough C of E School
Morrisons, Cowley Road
Oxford Cricket Club
Oxford Bus Company
Oxford Christadelphians
Oxford Community Foundation
Oxford Ladies Golf Club
Oxford North Rotary Club
Oxford Spires Rotary Club
Oxfordshire Skills and Learning Service
Our Lady and St Edmund of Abingdon Church
Oxfordshire Clinical Commissioning Group
Oxfordshire County Council
Oxford City Council
Patsy Wood Trust
Peter Meyer Charitable Trust
Pye Charitable Settlement
Residents of Plantation Road
Resolution
Sanctuary Housing Cherish Cherwell Fund
Sainsbury's Community Donation
Sainsbury's Westgate Store
Sainsbury's Heyford Hill Store

Steele Charitable Trust
St Edmund Hall Boat Club
St Edward's School, Oxford
St Michael at the North Gate
St Michael's and All Saints' Charities
South Oxfordshire District Council
Sovereign Housing Association
Taylor and Francis Group
TWM Steele Charitable Trust
The Ultrasounds and The Aneurhythms
Waitrose, Abingdon
Wallingford Town Council
Westgate Alliance Community Fund
Whitley Stimpson Ltd
W. H Alder Butchers

And of course to each and every person who has donated, organised an event or fundraised in aid of Restore.



Please post this form to: Restore, Manzil Way, Cowley Road, Oxford, OX4 1YH



**Oxfordshire
Mental Health
Partnership**

The Oxfordshire Mental Health Partnership formally brings together six local mental health organisations

from the NHS and the charity sector: Connection Floating Support, Elmore Community Services, Oxford Health NHS Foundation Trust, Oxfordshire Mind, Response and Restore. We are committed to working much more closely together to make it easier for people to get the best possible support when they need it.



Oxford Health 
NHS Foundation Trust



response



 **restore**
working for mental health



restore
working for mental health

Restore, Manzil Way, Cowley Road, Oxford OX4 1YH

Tel: 01865 455839 • Fax: 01865 455 834 • Email: information@restore.org.uk



www.restore.org.uk



@oxrestore



Oxford Brookes Management of Volunteers Award 2015



Restore is a Registered Charity 274222 and Company 1324318.

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Many thanks to all the photographers who contributed to this year's annual review, and to everyone who shared their stories and pictures.